



Disclosure Statement

Contact Information: My name is Ed Lester. I can be contacted via Eau De Vie at 34 Cowley Road, Oxford, OX4 1HZ. My telephone no is 01993 778622. Email ed@hypnos.info. Internet www.hypnos.info

Education and Training: I received my initial training in hypnotherapy through the Hypnothink foundation in Gloucestershire. I then went on to advanced training with the Washington School of Clinical and Advanced Hypnosis where I obtained the Diploma in Clinical and Advanced Hypnosis, and Practitioner and Master Practitioner status in NLP. I have also achieved the National Diploma in Hypnotherapy through the National Council for Hypnotherapy. This is a brand new nationally recognised qualification accredited through NCFE. In addition to my therapeutic qualifications, I am also a qualified and certified professional coach through the International Institute of Coaching in the US. I hold a BA degree in Linguistics and Visual studies from the University of Central Lancashire and am currently completing a second degree in Psychology through the Open University in order to progress to a doctoral qualification. In addition to my clinical practice, I also maintain a training practice where I train employees of organisations such as the NHS, in the areas of stress management, assertiveness and personal development skills.

Notice: The United Kingdom has not adopted any educational and training standards for the practice of hypnotherapy. This statement of credentials is for informational purposes only.

Confidentiality: I will not release any information to anyone without a written authorisation from you, except as provided by law and the rules of clinical supervision. You have a right to be allowed access to my written record about you.

Redress: I am a registered member of the National Council for Hypnotherapy and practice in accordance with its Code of Ethics and Standards. If you ever have a complaint about my services or behaviour that I cannot resolve for you personally, you may contact the National Council for Hypnotherapy at PO Box 5779, Burton on the Wolds, Loughborough, LE12 5ZF, Tel: 01509 881477.

Fees: My fees for therapy are £40 per session and £65 for One Session Smoking cessation. Cheques are made payable to E Lester or Oxford Hypnotherapy. Appointments cancelled without 24 hours notice will be charged for in full.

My Approach: I use an integrated approach to therapy, which includes hypnotherapy and NLP techniques to assist in therapeutic change. I use traditional, Ericksonian and Analytical techniques and also incorporate most of the major schools of psychological thought including counselling, stress management and cognitive behavioural techniques. You may at some point be given a tape or cd for personal use and it is highly recommended that you listen to this as directed.

Client Signature: I have read this statement and understand what I have read.

Client Name (Print):

Client Signature:

Date: